



# VOMO

- Stay Guide -



This folder is the property of Vomo Island. Please do not remove from your villa.

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Scan QR code to view this  
compendium online

Password Access: vinaka

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Kindly note the information in this stay guide is subject to change. Unforeseen adjustments may occur, especially due to weather-dependent activities or pricing changes by 3rd party operators. Refer to the daily flyer delivered to your room each night for the most up to date details on times and available activities. If you are unsure of anything, please dial extension "0" to speak to one of our GEM's - Guest Experience Managers. Vinaka!

# VOMO ISLAND RESORT MAP



**VOMO**  
ISLAND FIJI

[www.vomofiji.com](http://www.vomofiji.com)

- 17.492886, 177.267878

Scan QR Code to View Map Online >>





“

*...Relax, unwind and slip into the VOMO way of life with us. Don't hesitate to let one of our team know if we can make you more comfortable.”*



**VOMO**



## BULA VINAKA...

For our first-time guests, we welcome you to the VOMO family and “welcome back” to those who visit regularly.

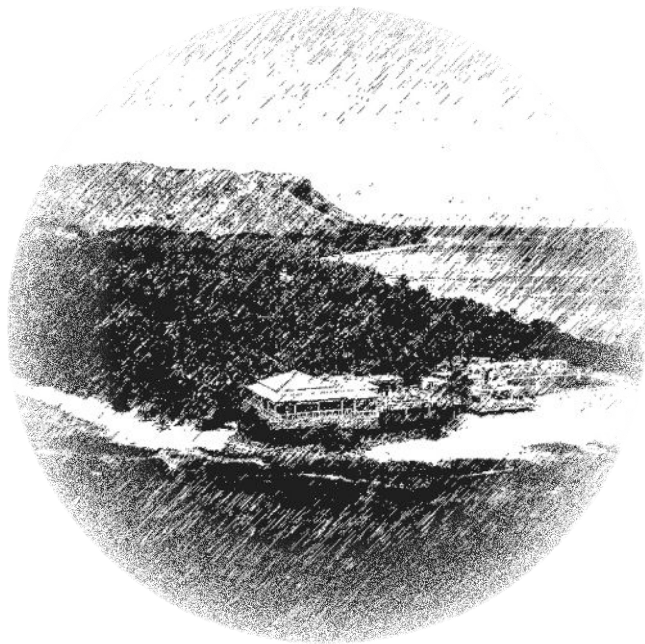
VOMO prides itself on providing a style of hospitality that is genuine, heartfelt and distinctly Fijian. Relax, unwind and slip into the VOMO way of life with us and don’t hesitate to let one of our team know if we can make you more comfortable.

We are here to help you discover VOMO life your way, be it doing as little as possible or for those who like to be active, we have something for everyone. Please ask the team, as you go, as we love to share the wonders of our home with you.

It is our intent for the island to remain as close to nature as possible whilst still providing the necessary amenities and some luxuries to keep comfortable. You’ll see the beaches awash after a high tide seaweed, wood and plastic items that have washed ashore. Just a reminder of how fragile this environment is and how we need to work hard to minimise our footprint to ensure islands like VOMO stay as pristine as possible for generations to come. We are actively working to improve our efforts to sustain our beautiful environment forever and sincerely appreciate your support in our endeavours.

We encourage you to explore the beauty of the island at your leisure and you are welcome to walk up on Mt Vomo or swim at any of the island’s beaches. Please always ensure you take water with you and if venturing to remote parts of the island or waterways, be sure to let us know before you depart.

We look forward to catching up with you during your stay and appreciate that you’ve chosen VOMO for your escape. VINAKA.





## ISLAND HISTORY

VOMO Island, 255 acres in size, is nestled between the Mamanuca Islands, the Yasawa Islands and Vuda Point on the mainland. The island is 3 miles or 5 kilometres in circumference.

Legend has it that the ‘first’ Fijians to arrive came through the sacred islands, which form part of the Mamanuca Islands, to Vuda. In 1871 Vomo Island was bought by George Winter from Chief Nasorowale of Vuda village in exchange for his 26ft two-mast schooner.

It is alleged that one day whilst Winter was living at Navutu, Chief Nasorowale came across Winter’s schooner which he admired. Chief Sorowale asked if he would like to have the island of Vomo in exchange for the boat. As VOMO had no owner as such, Winter just said “very good” and the exchange was made.

A sale note in Fijian was executed and thereafter Winter built a house on the island and kept sheep, goats and angoras. He also planted plenty of coconut palms and VOMO was known to be a haven for turtles. This is still the case today.

In 1874 when Fiji was colonised by the British, VOMO was ceded to Queen Victoria, however on 8th June 1883, the sale of VOMO to Winter was finally approved by the Governor and title registered as Crown Grant 850.

After Winter died, the Tui Vuda (Chief of Vuda) collected 60 pounds and bought VOMO island back from Winters estate. The re-purchase was approved by the Governor on 22nd November 1898 and the transfer of the land was made in the name of Mataqali Sabutoyatdoya of Viseisei village, one of several, smaller villages that form Vuda.

VOMO enjoys a rich place in Fijian history and was the traditional ‘retreat’ or ‘peaceful place’ for the Chiefs of the Western Provinces of Fiji.




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*...The island resort was conceived and designed as a 5 star resort in the early 1990's and was purchased by its current owners in 2003.*

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Attracted by its close proximity to the mainland, its abundance of white sandy beaches and unusual topography, several property developers in the 1970's and 80's sought to acquire a lease on the island. The Chief rebuffed all these as the island was retained for the personal use of the British Royal family when visiting Fiji.

The island resort was conceived and designed as a 5 star resort in the early 1990's and was purchased by its current owners in 2003.

Today, VOMO is an award winning luxury resort for families and couples, home to 170 VOMO staff with 30 villas, 6 luxury residences, 2 restaurants and bars and an extensive array of active pursuits.

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# GUEST AMENITIES + INFORMATION

## **AIR CONDITIONING**

All villas and residences are air-conditioned with individual remote controls. In order to maximise the efficiency of the air-conditioner, please keep the temperature set at a minimum of 22°C and all doors and windows closed when the air-conditioner is on.

## **ALLERGIES**

For any guest with allergies we request these are communicated to a member of the VOMO Management Team. VOMO has our own rigorous internal procedures, to ensure all necessary teams are aware. However we request, for a serious anaphylaxis allergy, your EpiPen is carried on you personally at all times. If your child is being cared for by a Baby Butler, please pass the EpiPen onto the Baby Butler to carry. Please also note that a western trained GP is on island at any time if you wish to discuss any allergies in more details or require medication.

## **BABY BUTLERS**

Baby Butlers provide babysitting services and are available to care for 'Little Islanders' of all ages. Up to 4 hours of a Baby Butler is included per villa per day. Additional hours at FJD\$20 per hour. Please book with Reception. Charges will be added to your guest account. We will endeavour to ensure you are allocated the same Baby Butler for the duration of your stay where possible. Should you require additional Baby Butlers, the hourly rate of FJD\$20 per hour applies.



## **BARS**

The Vuda Bar is located along the poolside, adjacent to the Vuda Reef Restaurant. Opening hours from 7.00am until late.

The Rocks Bar located on the western tip of the island, is an iconic South Pacific destination in itself, with pool, restaurant and bar. The vistas at sunset must not be missed from around 5.30pm-6.30pm each day. The Rocks is an adults-only venue for guests from 16 years of age. The Rocks Bar is open from 10.00am to 9.00pm daily.

During peak Australian and New Zealand school holiday periods, young guests aged from 12 years up may dine at the Rocks Restaurant for the dinner service with accompanying adult guests. The swimming pool and bar area at the Rocks remain closed to guests under 16. For any verification of these rules, please consult with one of the Management team.

## **BEACHES**

Yasawa Beach is located in front of the resort and boasts spectacular views of Vomo Lailai to the left, volcanic lava rocks to the right and mountainous views of the Yasawa Islands in front. On a clear day, you can see the tiny island of White Rock, a location for fantastic snorkelling.

Mamanuca Beach is on the opposite side of the island and offers a long sandy stretch of beach. If the trade winds are blowing and it is windy on the Yasawa Beach side, it is often calm on the Mamanuca Beach side. It is a short 5 minute walk across the golf course. Low tide is the perfect time to swim in the resorts swimming pools.

Eastern Beach offers a remote unspoilt beach for adventurous island goers. You'll need to hike in or walk around the rocky beaches at low tide. Spend time discovering 'Mushroom Rock' formation and the natural fish trap.



## **BEACH TOWELS**

Beach towels are supplied in your room and around the main pool area. For additional towels please contact Reception

## **BOUTIQUE**

Located within our Chiefly Bure our boutique offers a range of unique island-chic items and gifts plus away from home essentials, such as hats, toiletries, disposable nappies and reef safe sunscreen. Open 9.00am to 6.00pm daily.

## **CIGARETTES**

A small variety are for sale in the Vuda bar. Smoking is not permitted in any of the Villas or Residences but is permitted outdoors on the villa decks. Please respect other guests, and non-smokers, and ensure all butts are disposed of correctly. Ashtrays are available at the bar.



## DEPARTURE TIMES

Room Departure time is 11.00am. Should you have a late departure, please discuss with our Front Office team and every effort will be made to make your room available for your use. If this is not feasible, you are welcome to put your feet up and relax at the Chiefly Bure, where shower and bathroom facilities are available for your use.


## CHIEFLY BURE

The traditional decor of the Chiefly Bure pays tribute to the original Chief's residence. It now houses a selection of books, a television with satellite connection, DVD player and a variety of board games. It is open all day and every evening. If you have finished reading a book and would like to donate it to our Chiefly Bure Library, we would be most grateful to receive it.

## CORAL REEFS

The reefs surrounding VOMO are rich in marine life and support a sensitive and delicate ecosystem. We are privileged to be able to enjoy this underwater world. Please take care not to damage these reefs that we are striving to protect. Our resident Marine Biologist is available at Ocean Play to provide information on our island environment including surrounding reefs. You are welcome to join in some of the coral reef preservation activities we offer, such as the building of small fish houses to protect tiny fish from predators and coral cookie making to grow more coral on our healthy house reefs.

We highly recommend you take the opportunity to join our daily guided 11.00am Snorkel Safari to see the aquatic life surrounding our beautiful island. This is a complimentary activity with a maximum of 12 guests per tour. It is advised to book the day prior with Reception or Ocean Play.



While we strongly encourage you to get out and explore the reef, we ask you not to touch or stand on the reef at any time. Our environment is beautiful yet fragile and any human contact can kill otherwise healthy coral.

Should you be cut by coral whilst diving or snorkelling please contact our Medical team via Reception for assistance, as these cuts may take time to heal and should be cleaned as soon as possible to aid that process.

### **CREDIT CARD CHARGES**

VOMO accepts VISA, Mastercard, Union Pay & American Express cards. A 3.5% financial institution surcharge applies to all credit card transactions.



## **CURE KIDS**

VOMO supports Cure Kids Fiji, raising funds for medical research that helps find cures for childhood illnesses. The funds raised by VOMO for Cure Kids also allows the charity organisation in association with the Fiji Ministry of Health and Medical Services to buy medical equipment for hospitals and Rheumatic Heart Disease mobile testing units. You will be asked to make a small donation upon departure. This is entirely voluntary, so please ask us to remove it from your invoice should you wish to exclude the donation. Should you choose to make a larger donation, we will provide a receipt at Reception. All donations are greatly appreciated and go to provide practical help to Fijian children with illnesses. Vinaka.

## **DINING IN VILLA**

Dining in your villa is offered at VOMO for adults and children with meal selections from the Vuda Reef Restaurant daily changing menus or Kids Village menus. In-villa dining times are 12.00pm to 3.00pm & 6.00pm to 9.00pm. Please contact the Culinary team at the Vuda Reef Restaurant for menus or press the In Villa Dining button on your phone in your villa.

## **DOCTOR**

We have a senior Western experienced GP Doctor on property to assist with medical issues. The resort carries medical trauma equipment, Defibrillators and EpiPens, together with general first aid equipment. Dial 0 or contact Reception for assistance.



## **DRONES**

Whilst we do allow drones to be used at VOMO, we request you be respectful of the rules relating to this equipment. Please do not fly drones over public areas including the pools, Yasawa beach, restaurants and bars, villas or residences, unless arranged through our management team. As we have helicopters continuously arriving and departing throughout the day, we request management be informed should you wish to fly a drone in non-guest areas to ensure you will not affect any aircraft.

## **DRINKING WATER**

The water on VOMO is produced through our desalination plant using reverse osmosis processes that turns sea water into drinking water. It is perfectly safe to drink from the tap. The island's ice is also made from this drinking water.

In addition, VOMO has its own Water Bottling Plant and provides pure bottled drinking water in glass bottles, either in still or sparkling form, for guest consumption. This is available at the bars, restaurants and in villas and residences, which allows us to cut back extensively on the use of single use plastic water bottles that are harmful to our environment. The water bottling is conducted in a sterile environment where strict hygiene processes are followed for the sterilisation process and the filling of bottles. Should you prefer, complimentary bottled Fiji Water can also be provided daily upon request.



## **ELECTRICITY, TRANSFORMERS, ADAPTERS**

240 Volt single-phase electricity is generated on the island. Plug fittings on the island are all standard Australian/New Zealand 240 volt plugs. If you are using appliances with alternative voltage, please ensure you have a transformer plugged into the appliance before using. Should you require a transformer or an international adapter, please contact Reception on Extension 0 or in person. USB ports are located within your villa to use without the need for an adapter.

## **EMERGENCY**

In the event of an emergency, please notify Reception on Extension 0. There is a Night Manager on duty at Reception 24 hours a day should the need arise for overnight assistance. For additional information, please refer to the emergency section at the back of this room folder.

## **FIRE PROCEDURE**

In the event of a fire, please Dial 0 from your villa telephone to notify Reception immediately (Reception external phone number is +679 776 7955)

Fire extinguishers are located at the entrance of each villa. The fire assembly point is on the beach in front of the main pool.

The fire procedure card can be found in the emergency section at the back of this room folder. Please read this information to familiarise yourself with the fire procedures.



## **FIRST AID**

In the event first aid treatment is required, we have a Doctor on island who can assist and reached on Extension 0.

## **FISHING**

In support of conservation efforts and ensuring the longevity of our oceans, we practise 'catch and release' for any non-pelagic game fish. Fish that are caught are for island consumption only and we do not practice net fishing or set traps on the reefs. We do not practice shark fishing and shark products are not on our menu.

## **GOLF**

VOMO has a 9-hole par-3 chip and putt golf course with complimentary use for all guests. A small selection of golf clubs and balls is available for use from Ocean Play.

## **GRATUITIES**

At VOMO Island, we work as a team to ensure that you have a memorable stay in paradise. All gratuities are appreciated and payable at your discretion. Tips are pooled and equally divided between all staff members at the end of the year. There is no expectation of gratuities and we do not have a compulsory service charge. No tips are expected, however they are greatly appreciated. Please see Reception for further information.



## **GUEST RELATIONS**

Our Guest Experience Managers (we like to refer to them as GEMs) are here to assist you throughout your stay. They can be contacted on Extension 0, from 8.00am to 9.00pm. Our night manager can help should you require assistance outside of these hours.

## **GYM**

VOMO's gym, located near the Kui Spa to the side of the golf course, is equipped with the latest aerobic and strength machines. The gym is open from 6.00am to 10.00pm or see Reception for the key outside of these hours. We also operate VOMOFit with our own Personal Trainer, conducting group classes each day at 7.00am for 45 minutes. A variety of exercises are conducted over the week including stretch classes, free weights, walking/running and cross training. Wear comfortable clothes, shoes and hat and meet at Reception. Exercise mats are provided within your Villa for your use. Please note the gym is an adult only area, however children are welcome at VOMOFit classes. The pathway across to the Gym & Spa can be found under the Fijian flag near the Rock wall with the VOMO sign (near villa 6)

## **HOUSEKEEPING**

Your villa or residence will be serviced daily and fresh towels and top up amenities supplied. When you would like your sheets changed, please leave the small timber turtle on the bed so Housekeeping know you'd like them refreshed.

Extra pillows are available on request, so don't hesitate to contact our Reception should you require anything additional that may help you to kick start your relaxation with us.

## INTERNET

We provide complimentary internet at VOMO and this should be accessible in your villa and around most areas of the island. A Wi-Fi code is available free of charge to each villa, issued at Reception on arrival or as required during your stay. Your device will link via Wi-Fi VOMO GUEST on your device and will require the Wi-Fi code provided. Due to the location of the island and the need to relax and disconnect whilst on holidays, we request that you not stream any services, upload, or download any large files as this will dramatically reduce the speed and efficiency of the network.

Scan the following QR code for all our social links online:

*Scan* —



## INCIDENTAL EXTRAS

All incidental charges and extras are billed in Fijian Dollars and payable upon departure. A surcharge of 3.5% applies to credit card payments. Should you wish to pay in another currency, please advise our Reception and we will invoice you at the rate of exchange on the day of payment.



## ISLAND TRAILS

We invite you to explore various trails on VOMO. Our trails are noted on our Island Map which is available at Reception, detailing the routes and their level of difficulty.

PLEASE NOTE it is only advisable to climb Mt. VOMO in dry weather conditions, as the steep areas of the trail become slippery when wet. Please also ensure you are wearing comfortable footwear with good grip. The Mt Vomo trail starts near the helicopter pad and staff quarters. It takes approximately 15-20 minutes to climb to the summit, although some guests have run this in under 4 minutes! While all walks on the island are beautiful, please note that they are not actively maintained by the resort. The “Black run” trail and Mt Vomo hike are also particularly steep and are so done at your own risk. Finally please let a member of the team know should you wish to undertake these walks by yourself.

We recommend hiking in the cooler hours of the day, before 11.00am or after 4.00pm and please advise a member of our VOMO staff of your departure. Guided walks can be arranged through our Guest Experience Team on Extension 0.

- **Round Island**

A moderately easy 5km (3mile) walk around the island beaches and rocks, however we recommend walking at low tide or on a falling tide. Start from the bar, take a bottle of water and head down to the beach, turning right towards The Royal residence and in an easterly direction via Eastern Beach. The round island walk should take around 1.5-2 hours. We recommend wearing good shoes due to some rocky outcrops along the way.

- **Rocks Loop**

A light 2km trail on flat terrain around the island roads. A great walking trail or warm up to a run.



- **Yoga Deck Hill Road**

Starting from the Helipad, this 1.4km trail is a moderate hike with some small hills, offering great views of the Mamanuca Islands. The last hill up to the Yoga Deck is a steep climb, however there is a spectacular view from the top!

- **Eastern Beach**

This is the beach used in Tourism Fiji's Open for Happiness TV campaign, starring actor Rebel Wilson and some of VOMO's family of staff. You will find the junction to Eastern Beach along the Yoga Deck Trail (Hill Road). This 400m trail is a moderate grassy walk down to a long stretch of pure, unspoilt sandy beach. We recommend you take a picnic lunch and spend the day.

- **Mt Vomo**

One of the items on our must-do bucket list, this 500m hike is tough due to the gradient, however the view from the top is worth the climb. Walk the rim of an extinct volcano and explore some of the tracks at the top.

- **Mt Vomo "Black Run" back trail**

An extremely difficult trail and one that only experienced hikers should tackle. This 300m trail has sheer drops, rocky outcrops and is climbed at your own risk. We request this trail only be climbed in dry weather and to advise a member of the Guest Experience Team before setting off.

## ISLAND CHARITIES - MT VOMO CHARITY CLIMB

Our island charity is Cure Kids. To raise money for this worthy cause we have devised a simple event you can participate in when here on island. See our Ocean Play team for more or scan the QR code to find out how to participate. Guests who register and pay the entry fee are automatically entered into the random draw to win a return holiday to VOMO.

We have also established the VOMO Foundation to support valuable local causes, periodically organising campaigns to raise funds for community charities closer to home.

*Scan* —












# VOMO

ISLAND FIJI

## TRAILS MAP

VOMO TRAILS KEY			
TRAIL	DISTANCE	LEVEL	
 VOMO Island Walk	5km loop	MODERATE	
 The Rocks Loop	2.1km loop	EASY	
 Yoga Deck via Hill Road	1.4km one-way	MODERATE	
 Mt VOMO Climb	550m one-way	DIFFICULT	
 Todd's Trail	750m one-way	MODERATE	
 Hill Road to Eastern Beach	430m one-way	EASY	
 Ridgeline Lookout Trail	550m one-way	MODERATE	

VOMO



## KIDS VILLAGE

The entrance to the Kids Village is located near the fountains at Reception and open from 9.00am to 9.00pm daily for children of all ages to enjoy. There is an air-conditioned playroom, soft play mat area, dress ups, movie room, outdoor play equipment, cubby house, outdoor deck for craft activities and dining and large grassy area for playing games. The Kids Village has toilets and wash basins for children to use. Supervision is provided for children 3 years and up. A fantastic range of daily changing activities are available for all our child guests. We have three age-appropriate groups:

- Little Islanders - 3+ years
- Yungsta's - 7+ years
- Club V - 10+ years

The Kids Village has their own dedicated Chef and offers alfresco dining on the Kids Village deck each afternoon from 5.30pm - 8.00pm for children from 3 years of age, with daily changing menus. Children may also dine with parents for dinner from 6.30pm at the Vuda Reef Restaurant.

Whilst Little Islanders of all ages are welcomed, we ask children 3 years and under are accompanied by a parent, guardian or Baby Butler. Fijian's are known for their absolute love of children and our Baby Butlers pride themselves on this. Baby Butlers are available for FJD\$20 per hour and bookable at Reception.



## KUI SPA

Kui, the wellness spa on VOMO, is a luxurious refuge where you can relax in serene surroundings. Kui, is the Fijian word for drift, so relax and allow our therapists to refresh the mind, calm the nerves and soothe the soul with our exclusive facials, body treatments & massage therapies for all. Kui Spa is located between the gym and the golf course.

Kui Spa uses Sodashi, an Australian organic range of luxurious, chemical free products.

In Sanskrit, Sodashi translates to ‘wholeness, purity and radiance’ and these words aptly describe Sodashi. Produced in Australia, Sodashi’s skin and body care products and therapies use only natural sources from the earth and sea, including extracts and essential oils of the purest and highest grade. The Kui Spa also uses a beautiful range called NAMA, made in Fiji, with the main ingredient being Nama seaweed sourced right here in the Yasawa islands.

- **Services:** See the Kui Spa Treatment Menu in your room
- **Bookings:** Directly with Kui Spa, Extension 306, or through Reception.

The logo for Kui Spa features the word "KUI" in a bold, teal, sans-serif font. The letter "K" is stylized with two leaf-like shapes extending from its top and bottom curves.



## LAUNDRY

Water is precious, but particularly so on an island. Please join us in conserving water by hanging up any towels that you wish to re-use. Fresh towels will be supplied daily and any items left on the floor or not hung up will be removed for laundering. When you would like your bed linen changed, please leave the little wooden turtle on the bed, so we know we can refresh your bed.

Our wash & fold laundry (up to 20 items per day only) is a complimentary in-house service. Please complete the laundry form, place clothing in the flat rattan basket supplied in the cupboard and leave out for your Housekeeper to collect. Laundry will be returned by the following day.


We request no delicate items to be laundered. Unfortunately we are unable to offer dry cleaning on VOMO.

Please be mindful of other guests when drying your wet clothes and do not hang these over your balcony. We request you hang wet clothes on the hooks provided or make use of our complimentary laundry services.

## LIBRARY

A selection of books is available at the Chiefly Bure. Most have been passed down by previous guests who have kindly left these for your reading pleasure. Donations of any books are warmly welcomed to be dropped off at the Chiefly Bure for other guests to read.

As an extension of our Pack for A Purpose community initiative, providing goods for our less fortunate island communities, we also operate a book donation service in association with one of the neighbouring Fijian villages on Yalobi Island. Their community has built a library and we are assisting to fill this with all types of books. Should you wish to donate any books, these would be most warmly received. We seek fiction and non fiction books in good condition, for infants



right through to adults. Village tours are also available if you wish to donate in person. Please see Reception for more information.

## **LOST PROPERTY**

Any lost property will be collected and taken to Reception for safe keeping.

## **MARINE CODE OF CONDUCT**

In line with VOMO's utmost respect for the environment, we urge all guests to adhere to our Marine Code of Conduct when diving, snorkelling, fishing or swimming. For the sake of our fragile sanctuary, as well as for guests safety reasons, we kindly request that you please do not touch the sensitive reefs or any other marine creatures at any time. Turtles should not be chased or touched as this causes unnecessary stress to these endangered species.

## **MEDICAL ASSISTANCE**

Should medical assistance be required during your stay, please notify Reception and they will connect you to our on-call Doctor. VOMO acknowledges the importance of first aid training and ensures all staff members within our First Aid Team are trained regularly according to International First Aid Regulations. On VOMO, we have advanced trauma kits and strict procedures in the event of any medical emergency.



## MOSQUITOES

While actively controlled on the island, mosquitoes may be at times active on the island, particularly after rain. Insect repellent is available in the villas and public areas at all times for your convenience.

## PAYMENT

Payment of any extra services or activities must be settled upon departure. Invoices will be made out in Fijian dollars. Should you require your extras to be paid in any other currency, please advise our Reception team and we will invoice you at the rate of exchange on the day of payment. Fijian taxes are applied to all charges, currently at the rate of 15%.

We do accept payment in US, Australian and New Zealand dollars as well as Euros when settling with cash. VISA, Mastercard, AMEX and Union Pay are also accepted. There is a 3.5% credit card fee payable on credit card transactions.

Should you be departing early, please ensure you settle your account the night prior to departure.

## PICNICS

We specialise in romantic escapes and family picnics at secluded spots on VOMO and Vomo Lailai (Little Vomo). Please speak to our Guest Experience Managers to help arrange the best location and menu for your gathering. Additional charges may apply.



## PRIVACY IN YOUR VILLA

If you do not wish to be disturbed by the VOMO team, please place the coconut on a rope outside your door.

## RESTAURANTS

VOMO has ensured a plethora of dining options throughout your stay\* Breakfast daily is at the main restaurant - The Vuda Reef. When making your selection for lunch, sunset drinks and dinner options please review the daily timetable placed in your room each day. Although most venues are open the same time each day, some are closed due to other events taking place. E.G. Wednesday evening is our Fijian Cultural Night and The Rocks Bar is closed for this reason.

- Vuda Reef - Open for Breakfast, Lunch and Dinner
- The Rocks - Open for Lunch and Dinner (Adults Only)

## ROOM SERVICE

VOMO does offer delivery of meals upon request, during meal service times, to your villa. Available options are from the daily changing menus at the Vuda Reef Restaurant. However, due to the size of the resort, we are unable to ensure the same quality experience as dining in the restaurant and encourage all guests to dine at our restaurants. For delivered meals, please dial 302.



## SAFES

There is a safe located in your villa. Instructions for use are located inside the safe. We ask you to store all of your valuables along with any cash in the safe. We cannot be held responsible for the loss of any valuables. Should you require further assistance, please contact Reception on Extension 0.

## SOCIAL MEDIA

Whilst on island, we'd love you to take some photos or video footage of your time with us and post on your social media channels. If you are happy for us to reshare, please tag our profiles @vomofiji (Facebook) and @vomoislandfiji (instagram) and use hashtags #vomolife #vomomoments and ensure your posts can be shared, so we can give a guest's perspective of our island home. Vinaka!

## SUNSET

Sunset is generally between 5.30pm and 6.30pm depending on the time of year and is best viewed from the Rocks Bar located on the western tip of the island. Alternatively, sunset can be seen from the Yoga Deck located on the eastern tip of the island or on top of Mt Vomo. Please make sure you descend before last light. The lucky guests who are staying in the upper Hillside Villas will also enjoy spectacular sunsets from their own villa verandah.



## **SWIMMING**

Please be advised that we do not have lifeguards on our beaches or pools, and swimming is at your own risk. VOMO is privileged to have beach surrounding the majority of the island, so irrespective of wind direction there should always be calm swimming areas. For the best and safest swimming beaches and the low and high tide times each day, please contact our Ocean Play Team on Extension 304.



## TARIFF INCLUSIONS

Your nightly rate for all villas and residences includes the following services:

- Daily meals at the designated restaurants
- Sunset canapes at Rocks Bar for adults
- A selection of non-alcoholic beverages
- Barista coffee and specialty teas at Vuda Bar
- Mini bar (non-alcoholic beverages)
- Daily villa housekeeping services
- Wash and fold laundry service (up to 20 items only per day)
- Turndown service
- Complimentary Wi-Fi
- Kids Village access
- Use of non-motorised water sports
- Snorkelling equipment
- Daily scheduled snorkelling trip
- Weekly 'Meet the Vomo family' sunset cocktail party (Wednesday 6.00pm)
- Weekly Meke Cultural performance & Lovo dinner (usually Wednesdays)
- Use of air conditioned island gym
- VOMOFit group exercise classes
- Use of tennis court & equipment
- 9 hole chip & putt golf course & equipment



## TARIFF EXCLUSIONS

- Transfers to and from VOMO
- Alcoholic beverages and mini bar snacks
- Tobacco
- Picnics
- In villa dining
- Kui Spa treatments
- External phone calls
- Boutique purchases
- Boat charters and motorised water sports
- Scuba diving
- Private snorkel safaris
- Island hopping
- Personal travel insurance
- Medical evacuations
- Late departure
- More than 20 items of laundry per day



## TELEPHONE SERVICES

### **Vomo Island Reception and Reservations**

- +(679) 776 7955

### **Outside Line**

- Dial 9 followed by the telephone number

### **International Calls**

- Dial 9 followed by '00' for an outside line, then dial the telephone number including the country code.

### **For Calls between Villas**

- Dial '1' followed by the desired villa number

Listed below are commonly used international dialing codes. Should you require other international dialing codes, please dial Extension 0 for assistance.

Country	Extension	Time Difference
Australia - East Coast	61	- 2 hours
Australia - West Coast	61	- 4 hours
Canada - East	1	- 20 hours
Canada - Mid	1	- 18 hours
Canada - West	1	- 16 hours
China	86	- 4 hours
England	44	- 11 hours
Hong Kong	852	- 4 hours
New Zealand	64	- 0 hours
Singapore	65	- 4 hours
South Korea	82	- 3 hours
USA - West	1	- 18 hours
USA - Mid	1	- 18 hours
USA - East	1	- 17 hours





## **TRANSFERS – Helicopter and Speedboat**

We request you are at Reception 30 minutes prior to your departure time. This ensures there is adequate time for both a pre-flight briefing and your transfer.

The evening before your departure day, a letter with your confirmed time of departure will be placed in your villa. We will inform you of your reconfirmed departure time prior to you departing. Please note these times are confirmed through the transfer company and although we endeavour to ensure favourable transfer times, this is at times beyond our control.

Should you wish to change your departure time, please let us know prior to your day of departure to avoid cancellation fees. Please note if weather is forecast to be inclement, this may impact your departure time. The helicopter flight between VOMO and Nadi Airport or Denarau Island is approximately 12 minutes duration and offers exceptional vistas of the Mamanuca Islands en route.

Our helicopter partner, Island Hoppers, allow 15kg luggage allowance per person, in addition to hand luggage. The speedboat journey between VOMO and Vuda Marina is around 40 minutes duration. There are no luggage limits. A complimentary transfer by road is offered between the Marina and Airport in either direction.

## **USE OF VOMO ISLAND FACILITIES AND EQUIPMENT**

Please be advised that the use of our facilities and equipment is at your own risk.

“

*...From snorkel safaris to long beach walks, fill your days and evenings with immersive experiences to enhance your time on island with us.”*

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## EXPERIENCES (COMPLIMENTARY)

### SNORKEL SAFARI

Discover the beauty of the island's abundant aquatic life. Our magnificent coral reefs are within swimming distance off shore around VOMO and are home to a wonderful array of colourful fish, turtles and soft and hard corals. Don't miss the experience of the underwater world at VOMO. Once fitted at Ocean Play with fins, masks and snorkels, you can embark on your own discovery straight off the beach. Each day, our expert Ocean Play guides take a small group of up to 12 guests by boat to one of several magical snorkel sites within close proximity to the island.

Time: Departs daily from Ocean Play at 11.00am.

VOMO tip: Book the day prior with Ocean Play or at Reception. Bring a beach towel.

### VOMOFIT

Rise and shine early for our daily group workout with our resident Personal Trainer. Sometimes indoor weight sessions and sometimes outdoor mat classes or an escorted hike. Meet at 7.00am at Reception.

Duration: 1 hour

VOMO tip. Bring a bottle of water from your villa.



## BEACH WALK

VOMO is encircled by 5km (3 miles) of amazing beaches; some long white sandy ones and some amazing rocky ones. There are no other resorts on our very large 255 acre island and its natural and diverse beauty and vast size is amazing. Witness an abundance of natural lava rock formations and wildlife as you circumnavigate the island on foot. Suggest to depart on falling tide only so you don't get cut off by a rising tide.

Duration: 1-2 hours. Moderate fitness required.

VOMO tip: Pack supportive walking footwear to participate in all of VOMO's active pursuits and advise a VOMO family member at Reception or Ocean Play as you depart on your walk.

## MT VOMO HIKE

The best views of the island can be seen from the summit of our very own Mt Vomo, rising on the eastern end of the island. Take the short and steep dirt track that starts near the Helipad on the other side of the staff village. Ensure you wear supportive footwear. There are several tracks to explore on the island and a map is available at Reception.

Time: At your leisure

Duration: 45 minutes round trip

VOMO tip: Download the STRAVA APP on your phone/device and go to 'Mt Vomo Sunrise Charity Run' to track your time.



## ISLAND GOLF

Vomo Island has a 9-hole par 3 chip and putt golf course. Dotted with palm trees, this scenic course is perfect for the whole family to enjoy. Golf clubs for both adults and children are available to use at Ocean Play.

Time: At your leisure

VOMO tip: Don't forget a hat and sunscreen and a refreshing drink at Vuda Bar when you've finished.

## TENNIS

Our tennis court is located behind Reception next to the Kids Village. Racquets and balls available at Reception. No bookings required.

Time: At your leisure

VOMO tip: As our court is floodlit, you can enjoy a hit of tennis in the evening too!

## PADDLE & KAYAK

Experience the crystal clear waters and reefs around VOMO aboard a stand up paddleboard or kayak available from Ocean Play. We also offer sailing craft and windsurfers.

Time: At your leisure 8.00am to 5.00pm

VOMO Tip: Try an early morning paddle when the waters tend to be more glassy.





## FIJI NIGHT FESTIVITIES

Celebrate the Fijian culture with our VOMO Family Fiji night. The festivities commence with a beachside cocktail party, followed by a traditional energetic song and dance performance called a 'Meke' that tells the story of Fiji's ancestors. A Fijian earth oven 'Lovo' feast will be served to guests for dinner by the poolside, finishing with a Kava drink ceremony. No bookings required.

Time: Kicks off at 6.00pm each Wednesday evening with cocktails and refreshments on the beachfront, then from 6.30pm at the Vuda Reef Restaurant Poolside for the Meke cultural performance. All welcome.

VOMO Tip: Bring your camera to get some photos of the Meke and a selfie with a 'warrior'.

“

*...Treat yourself to at least one of VOMO's signature experiences that showcase the best of Fijian culture and our natural environment.”*





## SIGNATURE EXPERIENCES

(Booking fees apply. Prices in Fiji dollars)

### LIVING THE #VOMOLIFE

Our Signature Experiences showcase the best of Fijian culture and our natural environment with a touch of VOMO luxury. All water-based activities may be booked with Ocean Play Activities Centre on the island on Extension 304 or email [oceanplay@vomofiji.com](mailto:oceanplay@vomofiji.com)

Live the #vomolife and make #vomomoments

### VOMO LILAI PRIVATE ISLAND ESCAPE

The entire tiny island of Vomo Lilai (Little Vomo) off the western side of VOMO can be all yours to enjoy a private picnic. Your island beach is set with sun loungers, towels, table and chairs, a picnic lunch hamper and a selection of icy cold beverages. You'll be transferred to your private island by boat and left to explore, swim, snorkel and relax. Just call us on the two-way radio when you want to be 'rescued'. This is a highly recommended excursion suitable for couples or families. Book at Ocean Play. A tide and weather dependent activity.

**Duration:** 3+ hours

**Cost per person:**

Adult	\$250
Children ages 4-13	\$125

VOMO Tip: Take some snorkel equipment with you.

## PRIVATE FISHING CHARTER

Try your hand at fishing with our island experts at renowned local spots. Your choice of hand lines or fishing rods. Book at Ocean Play. (min. 4 people per charter)

**Duration:** 2 hours  
**Cost per person:** Hand Line Fishing \$300 / Trolling \$500

VOMO Tip: Ask the kitchen to cook up your catch for lunch!

## FOILING ON A FLITEBOARD

Fliteboard is an electric powered hydrofoil, also known as an eFoil. Standing on the board, riders use a handheld Flite Controller to manage their speed. With a mast that is partially underwater, Fliteboarding gives you the feeling of freedom, as you glide silently just above the water. Some have likened it to snowboarding through fresh powder and many have said it feels like flying. Others have called it ‘the thrill of a lifetime’ and ‘magical’. The only way to find out how you’ll describe it, is to try it.

Almost anyone can learn in under an hour, no water sports experience necessary. As you gain confidence and skills, transform your ride by changing your wings, shims, propulsion or board. Inquire with Ocean Play

**Duration:** 45 minutes  
**Cost per person (lesson):** \$250  
**Cost per person (after lesson):** \$200 per board min 16 years



## FIJIAN VILLAGE VISIT

A highlight for many guests is to visit a Fijian village in the islands. It's around 30 minutes by VOMO speedboat to the island. On arrival take a walk through the village to witness community life in an island village. Receive a traditional blessing from the Chief and tour of the Chiefly Bure. There will be time to interact with the locals. As part of our Pack For A Purpose initiative, you are welcome to bring gift items from home to donate to the families in the village if you wish. Book at Ocean Play.

**Duration:** 4 hours  
**Cost per person:** \$400 p.p (min. 4 people per trip)

VOMO Tip: Suggested items to donate may include but not limited to; quality second hand fiction and non fiction books for all ages, stationery, sports equipment, toiletries, clothing, handbags, overnight bags and the like.

## GUIDED SNORKEL TOUR

An escorted excursion with our expert guides to White Rock, one of our most popular snorkel sites, just 30 minutes by boat from VOMO. You'll explore the fascinating underworld of this remote reef, teeming with sea life. Includes refreshments on return boat journey. Book at Ocean Play.

**Duration:** 2 hours  
**Cost per person:** \$225



## MANTA RAY EXPERIENCE

A chance to snorkel with the magnificent Manta Rays that travel through the Yasawa Channel between the months of May to October each year. The Rays come to this area to feed and be cleaned. As diving is not permitted in this location, this is a snorkel excursion only. Not to be missed if you are lucky enough to be at VOMO at this time. Book at Ocean Play.

**Duration:** 4 hours  
**Cost per person:** \$420 (minimum 4 people per trip)

## PRIVATE SNORKEL LESSON

If you are a beginner, we recommend a private tuition to learn how to use snorkel equipment or just to improve your confidence navigating our VOMO reefs. Also, a fantastic opportunity for advanced snorkellers to enjoy a privately guided excursion with our resident island experts to learn more about our pristine underwater environment. Book at Ocean Play.

**Duration:** 1 hour  
**Cost per person:** \$120

VOMO TIP: Ask about our coral cookie planting initiative and maybe you can add your little piece of coral to help enhance our local reefs.



## SUNSET CRUISE

Take a late afternoon cruise around the glistening waters of VOMO and be ready to greet a golden sunset. We'll provide the canapes to enjoy during your cruise.

**Duration:** 2 hours  
**Cost per person:** \$275

VOMO Tip: Order a bottle of bubbles from Vuda Bar and we shall deliver to Ocean Play with glasses and an ice bucket.

## BLUE LAGOON CAVES

Spend the day cruising from VOMO to the northern Yasawa Islands; home of the famous Blue Lagoon. Swim through the world renowned Saw I Lau Caves where the Blue Lagoon movie was filmed in the 1980's. There will be a stopover along the way to enjoy a delicious picnic lunch served on a secluded beach.

**Duration:** 7 hours  
**Cost (up to 8 people):** \$3,850

VOMO Tip: For an added indulgence book a one-way helicopter from the Yasawa Islands back to VOMO and enjoy a birds eye view of these stunning islands. Additional cost applies.

## CLOUDBREAK SURFING

Considered one of the top 10 surf breaks in the world, Cloud Break is situated over a shallow coral reef, making it very challenging for surfers. Only around 1 hour by speedboat from VOMO, we have access to Cloudbreak for advanced surfers or Swimming Pools/Namotu Lefts. Preference is for guests to bring own surf boards, however hire boards are available if booked in advance. Contact Ocean Play for bookings.

**Duration:** 4 hours  
**Cost per person:** \$700 (minimum 3 people)

VOMO Tip: Add on a stopover at Seventh Heaven Floating Bar and enjoy lunch and refreshments at this spectacular nearby pontoon.

## KAIVITI FLOATING BAR ADVENTURE

Board your private boat at 10am to 2pm or for the afternoon session from 2pm to 6pm and be ready for adventure. Your action packed experience includes snorkel safaris, stopovers at an incredible floating bar moored in the middle of the South Pacific. Float around the pontoon in the crystal clear waters and indulge in a cocktail. Not far away is the magical Musket Cove Resort on Malolo Lailai Island. Here you'll be served a wonderful lunch at the picturesque island bar. A fabulous day out. Book at Ocean Play.

**Duration:** 4 hours - Choice of morning or afternoon session  
**Up to 8 people:** \$4,900

VOMO Tip: Add bubbles and order some champagne for the speedboat journey.



## MT VOMO SUNRISE BREAKFAST

An invigorating early morning 2km hike from your villa to the Yoga Deck on the eastern tip of VOMO island, will be well worth the effort to be one of the first people in the world to witness the sunrise of a new day.

With sensational views of the surrounding Mamanuca & Yasawa Islands and all the way back to the mainland of Viti Levu, the vistas are just breathtaking from this iconic location on the island. You'll also be rewarded with a delicious sunrise breakfast featuring fresh juices, island baked pastries & breakfast puddings. Perhaps indulge with a delicious bottle of champagne to top off the morning. A truly special experience to celebrate VOMO life. Book at Reception.

**Cost per person:** \$225 (escorted hike and private breakfast)  
**Add champagne:** \$300 per bottle

## MOONLIGHT BEACH DINNER

Set on the soft sands on the beach front, dine under a canopy of stars at a decadent white cloth table with sand between your toes. Catch the twilight and sunset with a pre-dinner cocktail and canape selection, followed by an indulgent 3 course menu.

**Cost per person:** From \$75  
**With Yasawa Lobster:** From \$200

“

*...Exciting dive sites with thrilling channels, coral filled over hangs, caves, tunnels or boulders are all waiting to be explored close to VOMO.”*





## DIVING (BOOKING FEES APPLY)

### DIVING AT VOMO PADI 5 STAR DIVE RESORT


With warm waters, exceptional visibility and easy access to amazing dive sites, VOMO is an accredited PADI 5 Star Dive Resort and a wonderland for diving. We have over 10 different dive sites around VOMO; all of them just 20 to 40 minutes by boat from VOMO and most with a depth of between 12 and 20 metres.

Submerge yourself in vast schools of butterfly fish and oriental sweetlips, drift the channels with white tips, giant trevallies and blue fin king fish, descend deep sea ridges with napoleon wrasses and spotted eagle rays, spot turtles or marvel at the stunning species that inhabit the massive volcanic reef formations. Exciting sites with thrilling channels, coral filled over hangs, caves, tunnels or boulders are all waiting to be explored close to VOMO.

If you are not already a certified diver, we encourage you to sign up to a PADI Discover Scuba Diving course or take the full PADI Open Water Dive Course during your stay.

For young divers 8 to 12 years, there's a great Bubble Blowers Course, providing a fun introduction to the world of scuba, whilst the PADI Discover Scuba and Open Water courses are available to everyone over the age of 10 years.

It is possible to complete the theory of your dive course online before you arrive at VOMO which will reduce the time required to complete the course on island. Visit [www.padi.com/education](http://www.padi.com/education) for eLearning information.



As diving at VOMO is a bespoke experience, guests can select the times they would like to dive in consultation with their instructor. We access all dive sites aboard VOMO's own purpose built dive vessel which is shaded and comfortable and can adequately take 6 divers. Our diving equipment is of the highest quality with male and female options.

Before engaging in diving adventures, divers who have not been diving within the last year will be required to participate in an orientation dive conducted in the shallow waters or a pool. Please make sure you bring your diving certification card and log book with you.

You must refrain from diving 12 hours after an international flight and 24 hours before travelling by air. This includes helicopter or seaplane flights.

## VOMO'S TOP 5 DIVE SITES

### THREE SISTERS

[Depth 14 – 20m | Advanced Dive]

Best known for its array of gorgonian sea fans which cover the 3 pinnacles in every direction. Big enough to hide behind, the gorgonian sea fans allow for excellent photographic opportunities. The 3 pinnacles team with tropical fish and a wonderful variety of coral species.

### SUBWAY

[Depth 08 – 22m ]

Start off with an easy, current dependant, drift dive along a wall covered with an array of hard coral pinnacles, perfect to swim through and between. Keep an eye out for the elusive octopus, who call Subway home, along with Maori wrasse, scorpion fish and crayfish camouflaged in the coral.



## **SHARK ALLEY**

**[Depth 10 – 18m ]**

Dive in between two reef formations and swim amongst the vast array of coral which adorn this newly forming reef. This is the best place to see a plethora of coral, including whipped spiral coral and cauliflower soft coral and you could spot white and black tip sharks.

## **CORNER SHOP**

**[Depth 07 – 25m ]**

Begin with an easy dive along the wall, featuring soft corals and sea fans, before arriving at a stunning coral garden full of coral bommies and home to eagle rays, shoals of giant trevally, sharks, painted lobster and pelagic fish.

## **CORAL GARDEN**

**[Depth 05 – 20m ]**

An easy relaxing shallow dive that's great for novice divers, featuring magnificent and colourful formations of staghorn, table and brain corals. Watch reef sharks relaxing on the sandy bottom and see large shoals of fish, moray eels and the occasional hawksbill turtle and sting ray.

## DIVE COURSES

Here are just some of the courses available on offer at VOMO.

### **PADI Discover Scuba Course**

Your first introduction to the wonderful underwater world of diving, under the supervision of our Dive Instructor. This course consists of a theory briefing and a confined water session up to 12 metres (40 feet).

**Duration:** 3 hours

**Cost per person:** \$500

### **PADI Open Water Diver Course**

The Open Water Certification Course consists of four days of training in theory and practice. Upon successful completion you will be a certified scuba diver with PADI Open Water certificate opening up the world to infinite diving adventures as you progress.

**Duration:** 4 days (from 10 years of age to adult)

**Cost per person:** \$1,750

If you wish to complete the theory in advance of your arrival for your next stay an online eLearning course is available at [www.padi.com/education](http://www.padi.com/education). Fees apply.

### **PADI Bubble Blowers**

This course for 8 to 12 year olds provides an introduction into the world of diving with tuition in the swimming pool and shallow waters at the beach.

**Duration:** 1.5 hour

**Cost per person:** \$180



## **PADI Seal Team**

For young scuba divers who are seeking action packed fun, you'll be tasked with completing exciting Aqua Missions. Have you ever wondered what it is like to dive with flashlights, take digital pictures underwater or float effortlessly like an astronaut? Beyond learning scuba skills, there are speciality Aqua Missions such as wreck diving, navigation and environmental awareness. You must be 8 years of age or older.

No experience necessary but must be able to swim and be comfortable in water. Join an elite group of divers and become a member of the PADI Seal Team at VOMO!

**Duration:** 3 hours  
**Cost per person:** \$385





<b>Dive*</b>	<b>Cost</b>
Refresher Dive	\$250
Single Tank Dive	\$250
Double Tank Dive	\$420
Night Dive	\$300
PADI Discover Scuba Dive DSD - 3 hours	\$500
PADI Open Water Diver Course - 4 days from 10yrs old	\$1,750
PADI Advanced Diver Course	\$1,350
PADI Rescue Diver Course	\$1,200
PADI Bubble Blowers - 3 hours	\$180
5 Dive Special	\$1000

*\*Our main selection only. For more dives and dive prices see our Ocean Play team or call directly on Ext #304*

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*...Creating memorable dining experiences is what drives our culinary team with ingredients straight from VOMO's own gardens.”*

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**Restaurant reservations are required for evening dining at both Vuda Reef and Rocks Restaurants. Please dial 302.**



# INDULGE

## (DINING EXPERIENCES)

### INDULGE

VOMO'S Executive Chef leads the team in the creation of world class cuisine and international beverage selections. His extensive knowledge and innate talent for fresh & innovative menus will continue VOMO's highly regarded reputation as a gourmet destination in the South Pacific. Produce is sourced from the best domestic and international suppliers and dishes are complemented with ingredients straight from VOMO's own gardens.

Creating memorable dining experiences is what drives our culinary team to provide exceptional cuisine suited to our unique tropical island environment.

### VUDA REEF RESTAURANT


The Vuda Reef Restaurant boasts a la carte dining at each meal with daily changing 3 course lunch and dinner menus. On balmy evenings guests dine poolside and lunch may be served under the palm trees on the beach.

In the evening, our serenaders provide acoustic Fijian and International music to enhance your dining experience.

- Breakfast from 7.00am to 10.00am
- Lunch from 12.00pm to 3.00pm
- Dinner from 6.00pm to 9.00pm - Reservations required for dinner - dial 302.

### VUDA BAR

Vuda Bar (pronounced Voon-dah) adjacent to Restaurant and poolside, serves barista coffees, specialty teas and delicious cool refreshments from 7.00am until the last guest retires to their villa. With cocktails a specialty, the Vuda Bar will deliver poolside throughout the day and offers



complimentary canapes each evening from 5.30pm. A well curated international wine list is available, together with both local and international beers, ciders and a great range of spirits. It's all wonderful at Vuda Bar!

## **MEET THE MANAGERS**

Wednesday evening from 6.00pm, you are invited to join our VOMO Management team for some complimentary cocktails on the beach front, prior to the Fiji Night festivities.

## **THE ROCKS BEACH CLUB**

Located on the western tip of the island is The Rocks – just for adult guests from 16 years and featuring a 25 metre infinity pool, bar and restaurant. This is the best location in Fiji to witness a South Pacific sunset and a cocktail. The bar opens daily at 10.00am until 9.45pm. Join us for canapes served from 5.30pm.

The Rocks Restaurant is open to adult diners each day from 12.00pm to 3.00pm with a delightful Asian fusion menu served either at your table or delivered to your sun lounger. Dinner is served to adult guests each evening from 6.00pm to 9.00pm with delicious share plate menu selections. Reservations required for Rocks dinner - dial 302.

During peak Australian and New Zealand school holiday periods, adults may dine with their children aged 12 years + at The Rocks Restaurant for the dinner service.

The Bar and Pool remain adult only environments for 16 years +.



## IN-VILLA DINING

Our in-villa dining menus change daily along with the restaurants a la carte menus.

For guests staying in our private 3, 4 and 5 bedroom residences, our Executive Chef can prepare a 5 course dinner party at your residence.

**Cost Per Person:** from \$275

### Dietary Care

Please notify us, should you have specific dietary requirements so that we can better prepare to delight you with a customised menu. VOMO's culinary team assure you of our best care in safely preparing meals for those with allergies or special dietary requirements.

All VOMO menus offer gluten free, lactose free and vegetarian options. In addition, we can cater to those following a Coeliac diet. Should any guest suffer from known allergic reactions to certain foods, we ask you to provide a passport size photograph of yourself and completed form prior to arrival.



## COMMUNITY

VOMO has a strong connection to our local communities of Viseisei Village and the neighbouring Yasawa Island villages of Yalobi, Natawa and Waya Levu. VOMO participates in Pack for A Purpose, encouraging guests to bring quality used or new items that might help enhance life for our island neighbours. These include books, stationery, toiletries, clothing, bags and sporting equipment. The locals especially love to receive used football boots.

We encourage guests to book a village visit to gain an insight into life in these remote islands and help deliver goods that have been donated. Contact Ocean Play for more details or call Extension 304.

Almost 200 staff reside in the VOMO family village at the foot of Mt Vomo near the helipad. Most of the VOMO family work for 10 days before taking 4 days leave, where they usually travel back to the mainland for their break.

VOMO supports & sponsors our staff to compete in Volleyball, Rugby, and Soccer (Football) teams in the Fiji-wide open team competitions. Training happens on our purpose-built courts & grounds, doubling as an out-of-work activity for our staff. Guests are welcome to watch training sessions and join in on a game.

Practising traditional 'Meke' song and dances, the VOMO Meke group perform each Wednesday evening at 6.30pm at Vuda Reef Restaurant. You'll recognise staff from our VOMO family who treasure their role in our Meke performance group and enjoy sharing this vibrant show with our guests worldwide. The Meke is followed with a Fijian feast that includes 'Lovo' food cooked in the underground earth oven – a must-try buffet of meats, root vegetables, curries, and vegetables prepared using Fijian culinary techniques. Guests also have the opportunity to sample 'kava', the traditional drink consumed in village communities across the country. Meet at the beach at 6.00pm each Wednesday for refreshments, followed by the Fiji night of festivities.





*“...VOMO has its own freshwater bottling plant which produces purified still and sparkling drinking water.”*



## SUSTAINABILITY

Ensuring our very best practices in the preservation of this beautiful habitat, a raft of procedures has been implemented. These include:

- VOMO's own freshwater bottling plant to produce purified still and sparkling drinking water in sealed reusable glass bottles
- Replacement of small single use toiletries with large locally made Pure Fiji pump bottles
- E-Water cleaning solutions, making hard surface disinfectant out of water, salt and electricity, that reduces up to 80,000 litres per annum of bottled chemicals
- Discontinued use of plastic straws and reduction of single use plastics where possible
- Improved kitchen practices to use more eco-friendly equipment
- Locally sourced produce where suitable
- Recycling program for glass, plastic and cardboard
- Bio Composter to process food waste into usable solid and liquid compost and save 280 tonnes of landfill per year
- VOMO Staff program to collect washed up plastics from the island shoreline
- Marine Biologist on property to educate guests and to actively help improve the health of our house reefs and aquatic life

*“We depend on the ocean and land to live, so we have a vested interest in ensuring its best care. If we look after our environment, it will look after us”.*

“

*...If you need assistance or have suffered an injury at any time, please immediately call Reception on Extension 0.”*

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# EMERGENCY INFO

## (DIAL 0)

### EMERGENCY PROCEDURES

In the event of an emergency, the Team and Management of VOMO are highly trained in all aspects of emergency procedures, ensuring your safety at all times. If you need assistance or have suffered an injury at any time, please immediately call Reception on Extension 0.

Tsunamis are rare in Fiji, as well as unpredictable weather systems. VOMO is updated immediately through various global agencies and keeps well abreast of any adverse weather systems which may pose a threat to the island.

### EVACUATION POINTS

**VOMO has two emergency evacuation points, one is located on the BEACH IN FRONT OF THE MAIN POOL and the other is located at the BASE OF MT VOMO.**

Depending on the type and location of the emergency, you will be notified as to which evacuation point is the safest.

### CYCLONES & BAD WEATHER

Cyclonic activity within the South Pacific is normally more prevalent between the months of November and April, however there can be weather disruptions at any time of the year. Please adhere to the requests which may be passed onto you from our Emergency Management team. These requests are to ensure your safety from strong winds, large swell and flying debris.



### **In the event of bad weather where no evacuation is required:**

- Remain within your villa and limit the use of your villa phone and mobile phones
- Do not enter the water or venture along the shore line
- Keep all windows and doors closed
- Refrain from wandering away from your villa or public areas due to the increased risk of flying debris.

Please note some areas of the property may need to be shuttered up to provide additional safety and protection.

### **TSUNAMI**

While highly unlikely, the following escalation will occur in the event of a tsunami warning:

- **Tsunami Advisory:** Our emergency team will monitor our network throughout the Pacific. No action from guests necessary
- **Tsunami Alert:** Should an Advisory be elevated to an Alert, all guests will be notified and asked to gather in the Vuda Reef Restaurant or in their villas
- **Tsunami Warning:** Should an Alert become a Warning, then all staff and guests will proceed with emergency marshals to Mt VOMO

# PHONE CONTACTS

RESORT'S NUMBER: +679 776 7955

Reception	0
Kui Spa	306
Ocean Play	304
Kitchen/In-Villa Dining	311
Room to Room	Dial 1 + villa number

Country	Extension	Time Difference
Australia - East Coast	61	- 2 hours
Australia - West Coast	61	- 4 hours
Canada - East	1	- 20 hours
Canada - Mid	1	- 18 hours
Canada - West	1	- 16 hours
China	86	- 4 hours
England	44	- 11 hours
Hong Kong	852	- 4 hours
New Zealand	64	- 0 hours
Singapore	65	- 4 hours
South Korea	82	- 3 hours
USA - West	1	- 18 hours
USA - Mid	1	- 18 hours
USA - East	1	- 17 hours





# *Island life awaits...*

It's time for you to sink your toes into the soft sands, bask in island warmth, and let the gentle lullaby of ocean waves serenade you into island holiday mode.

As your dedicated hosts, please remember we are at your service, ready to help weave unforgettable holiday experiences for you and yours.

May your time with us be a celebration of life's simple, natural, heartfelt moments, and the spirit of our luxury island and our culture accompany you long after your departure.

With heartfelt wishes for a truly unforgettable holiday, we say BULA - welcome to Vomo Island, Fiji.

Your VOMO vuvale (family).